HOUR *of* BIRTH

NUMBERS OF YOU · NUMEROLOGY REPORT

Sanne

Your name and birth date, as numbers



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BORN 21 AUGUST 1994

FOR SELF-REFLECTION AND ENTERTAINMENT

9 NOVEMBER 2026

WELCOME

I Your Numbers, Sanne

Dear Sanne, numerology starts from two things nobody chooses: the date you were born and the name you were given. Turned into numbers, they make a small set of themes that people have used for centuries as a way of thinking about character. Yours begins with a Life Path of 7, a number of reflection and depth, coloured by an Expression of 6 (care and responsibility) and a Soul Urge of 9, which speaks of compassion and completion.

The pages that follow take each of your numbers in turn, show exactly how it was worked out, and describe what it is traditionally said to mean. Read them as a mirror rather than a verdict: keep what rings true, question what does not, and notice which parts you find yourself thinking about later.

At a Glance

7
LIFE PATH
The Seeker
reflection and depth

6
EXPRESSION
The Nurturer
care and responsibility

9
SOUL URGE
A Heart for the Wider World
compassion and completion

6
PERSONALITY
The Warm First Impression
care and responsibility

21
BIRTHDAY
The Social Creative
expression and joy

Your Life Path comes from your birth date; Expression, Soul Urge and Personality come from your full name at birth; the Birthday number is simply the day you were born. Each has its own chapter, with the working shown.

THE METHOD

II How Numerology Works

Numerology is an old symbolic system, not a science. Its modern Western form, often called Pythagorean, gives every letter a number from 1 to 9 and adds the numbers of a name or a date until a single digit remains. Each digit is then read as a set of qualities, much as a sign is read in astrology. No study has shown that these numbers shape character; what they can do is offer a fresh, structured way to think about yourself.

The table below is the whole key. The numbers 11, 22 and 33 are called master numbers and are traditionally not reduced further.

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Your Name, Letter by Letter

Vowels are shown in gold: they make your Soul Urge. Consonants make your Personality. All letters together make your Expression.

S	A	N	N	E	all **17** · vowels **6** · consonants **11**
1	1	5	5	5	
M	A	R	I	A	all **24** · vowels **11** · consonants **13**
4	1	9	9	1	
D	E				all **9** · vowels **5** · consonants **4**
4	5				
V	R	I	E	S	all **28** · vowels **14** · consonants **14**
4	9	9	5	1	

Accents and special letters are read as their plain Latin form (ë as e, ø as o, ß as ss). The exact conventions are listed at the end of the report.

7

CORE NUMBER 1 OF 5

Your Life Path Number

The road you walk: the direction and core lessons that run through your life. It is usually read as the most important number in a chart.

HOW IT ADDS UP From your full date of birth: month 8, day 21 → 3, year 1994 → 23 → 5; 8 + 3 + 5 = 16 → 7

The Seeker

Life Path 7 is a road of inquiry. Its core lessons revolve around understanding, solitude and trust in your own inner knowing. This path tends to lead you beneath the surface of things, toward questions about meaning, truth and how the world really works. You may notice that your most important turning points arrive not through crowds or noise but through quiet periods of study, reflection or simply being alone with a question long enough for it to answer back.

In daily life this might look like a stack of half-read books on the bedside table, a habit of researching thoroughly before any decision, or long walks you take specifically to think. You tend to prefer a few deep conversations over a busy social calendar, and friends value the way you see what others miss. At work you are drawn to analysis, research, specialist craft or any field where precision and depth are respected. Many people on this path have a dry humour and a sharp eye for anything that does not add up.

The growth edge is connection. Your love of privacy can harden into distance, and a sharp analytical mind can become suspicious of feelings that cannot be proven. You may hold others at arm's length while quietly wishing to be understood. The lesson is that trust, in people and in life, is also a form of knowledge. This week, share one unfinished thought with someone you trust, before you have worked out the perfect answer, and notice how it feels to be met halfway.

6

CORE NUMBER 2 OF 5

Your Expression Number

Also called the Destiny number: your natural talents and abilities, and the way you tend to get things done.

HOW IT ADDS UP From every letter of your full name at birth: Sanne 17→8; Maria 24→6; De 9; Vries 28→1. 8 + 6 + 9 + 1 = 24 → 6

The Nurturer

An Expression number of 6 points to a talent for care, harmony and responsibility. Your abilities centre on supporting people and creating environments where they can thrive. Others tend to experience you as warm, dependable and reassuring, and you often bring a sense of beauty and balance to the spaces and groups you are part of. When you are involved, things tend to feel looked after, even if nobody can quite say what you did.

Concretely, you are skilled at hosting, mentoring, calming family tension and making a room feel welcoming with very little. You may be the one who remembers everyone's food preferences at a dinner, who organises the collection for a colleague's leaving present, or who helps a friend rearrange their flat so it finally feels like home. At work you excel in teaching, design, hospitality, people-focused roles or community projects. You have a strong sense of fairness and a knack for noticing who has been left out, which makes you a natural anchor for any team.

The edge is boundaries. Because you are good at caring, people may lean on you heavily, and you may say yes when you really mean not now. High standards for how things should look or how people should behave can also slip into quiet criticism. Your gifts work best when they are freely given rather than owed. This week, practise one gentle no to a request you would normally accept out of duty, and notice what you do with the time it frees.

9

CORE NUMBER 3 OF 5

Your Soul Urge Number

Also called the Heart's Desire: what you inwardly want and what leaves you feeling fulfilled, even when you do not show it.

HOW IT ADDS UP From the vowels of your full name at birth: Sanne 6; Maria 11; De 5; Vries 14→5. 6 + 11 + 5 + 5 = 27 → 9

A Heart for the Wider World

Your deepest longing reaches beyond yourself. You want your life to mean something to others, to ease hardship, widen understanding or leave the world a little kinder than you found it. What fulfils you is compassion in action and a sense of belonging to something bigger than your own story. You are moved by beauty, by injustice and by human courage, and you often feel things on behalf of strangers in a way that surprises people who know you only casually.

This shows in the causes you quietly support, the art that can bring you to tears, and the way you instinctively take the side of whoever seems overlooked. You may collect friends from very different backgrounds, or feel at home in places far from where you grew up. At work you need a purpose larger than the payslip. In relationships you are generous and forgiving, sometimes to a fault, and you tend to see the best version of a person before they see it themselves.

The growth edge is that a heart so wide can neglect its own centre, or struggle to let go of people and chapters that have run their course. Giving to the world is beautiful; giving yourself away entirely is something else. Endings, too, can be acts of love. Consider this: what is one thing, a role, a grudge or a hope, that you have been carrying out of loyalty, and might be ready to set down?

6

CORE NUMBER 4 OF 5

Your Personality Number

The outer layer: the first impression you make, and the filter through which you let the world in.

HOW IT ADDS UP From the consonants of your full name at birth: Sanne 11; Maria 13→4; De 4; Vries 14→5. 11 + 4 + 4 + 5 = 24 → 6

The Warm First Impression

People meeting you for the first time tend to feel looked after. Your outer layer reads as caring, responsible and gracious, someone who notices whether others are comfortable. The consonants of your name describe a public face that feels like a welcome: approachable, kind and often quietly attractive in a way that has more to do with warmth than polish. Strangers may sense that you would help if they asked, and many ask sooner than you might expect.

This impression shows in little habits. You might offer the last biscuit, check that a newcomer has someone to talk to, or remember a name after a single introduction. Your home, desk or style may carry a sense of care and beauty, nothing flashy, just thoughtfully arranged. People bring you their worries within minutes of meeting you. As a filter, you let in those who seem sincere and decent, and you tend to keep a polite distance from anyone who appears cruel, cold or careless.

The shadow side of such a warm surface is that people may cast you as the caretaker before they ever learn who you are. You might find yourself in the role of parent, counsellor or host in places where you only wanted to be a guest. Your kindness is genuine, yet it is not your whole identity. As a reflection: in which group could you allow yourself to be cared for, rather than always being the one who cares?

CORE NUMBER 5 OF 5 · AND ONE THAT GROWS

Your Birthday and Maturity Numbers

21

Birthday Number 21

Born on the 21st, which reduces to 3

A SPECIFIC GIFT,
ADDED TO YOUR LIFE PATH

The Social Creative

Twenty-one reduces to three, so expression lies at your core, but its roots in two and one give it a social, outward-facing quality. You shine in company, enjoy bringing people together and often become the connector who knows exactly who should meet whom. Your creativity is collaborative and generous; you light up when exchanging ideas, and others find themselves more articulate and playful when they are around you.

Popularity can be its own quiet trap. You may adjust yourself to suit each audience, or rely on other people's enthusiasm to fuel your own. A thread of private creativity balances your public sparkle. Try making something purely for yourself, with no intention of sharing it, and see what emerges when nobody is watching or applauding. Which parts of you appear only when you are not performing for anyone?

4

Maturity Number 4

Life Path 7 + Expression 6 = 13 → 4

A QUALITY THAT OFTEN
COMES FORWARD WITH AGE

The Steady Builder

A Maturity number of 4 points to a quality of steadiness that often grows stronger with the years. Your talents and path tend to combine into a practical wisdom: knowing how things are made to last, how effort compounds, and how order can create freedom rather than limit it. Patience that once felt hard-won can become second nature.

In later life, this frequently comes forward as a reliability others lean on, and as satisfaction in work done carefully and well. You may find yourself drawn to building, organising, preserving or passing on solid skills. The invitation is to keep your structures flexible enough to welcome change, so that your steadiness feels like shelter for yourself and others rather than a fence.

THE WHOLE PICTURE

III How Your Numbers Interact

Numbers are rarely read alone. A traditional grouping sorts the digits into three temperaments: **mind** (1, 5, 7: independent, curious), **form** (2, 4, 8: practical, building) and **heart** (3, 6, 9: expressive, caring). Numbers from the same group tend to support each other; numbers from different groups create a more interesting tension.

7 LIFE PATH & 6 EXPRESSION — ● CREATIVE TENSION

Path and Talent in Creative Tension

Your Life Path 7 and Expression 6 come from different families of numbers. Your road asks one thing of you, while your natural talents lean somewhere else, so you may sometimes feel pulled between who you are learning to become and what comes easily. That tension is not a flaw: it is often where the most original lives are made. The work is to bring your 6 gifts into service of your 7 lessons rather than treating them as rivals, and to notice the moments when the two genuinely cooperate.

9 SOUL URGE & 6 PERSONALITY — ● NATURAL ALLIES

Inner and Outer in Step

Your Soul Urge 9 and Personality 6 come from the same family of numbers. What you want inwardly and the impression you give outwardly are different but compatible, so the face you show the world is a fair introduction to what lies underneath. People who get to know you rarely feel misled, though they may find you have more depth than they first assumed. It is worth occasionally letting the inner 9 speak first, rather than always leading with the more familiar 6 manner.

7 LIFE PATH & 9 SOUL URGE — ● CREATIVE TENSION

Path and Heart Negotiate

Your Life Path 7 and Soul Urge 9 come from different families of numbers. What life seems to ask of you and what your heart wants are not always the same, and you may notice periods when duty and desire pull apart. Rather than choosing one, look for the version of your path that leaves room for the 9 longing too; it usually exists, even if it takes a while to find.

1	0	4
Mind numbers (1·5·7) among your five core numbers	Form numbers (2·4·8) among your five core numbers	Heart numbers (3·6·9) among your five core numbers

The root **6** appears more than once (Expression 6, Personality 6), so its qualities are amplified in you.



RIGHT NOW

Your Personal Year 2026

Numerology reads life in nine-year cycles, from a year of beginnings (1) to a year of completion (9). Your personal year runs with the calendar year and sets its theme: a season to work with, not a forecast of events.

HOW IT ADDS UP birth day 21 → 3 + birth month 8 + year 2026 → 10 → 1; 3 + 8 + 1 = 12 → 3

1	2	**3**	4	5	6	7	8	9
2024	2025	**2026**	2027	2028	2029	2030	2031	2032
independence	cooperation	**expression**	structure	freedom	care	reflection	ambition	compassion

A Year of Expression

A Personal Year 3 lifts the mood of the cycle. After the planting of the 1 year and the patient tending of the 2, the theme now turns to expression, creativity and connection. This third step is a season for letting what has been growing inside you be seen and heard. Lightness is not a distraction here but part of the work, and joy, play and conversation tend to feed the larger cycle rather than pull away from it.

When you lean into this theme, creative projects and social life often flourish. This is a good season to write, paint, perform, teach, or share your ideas in public, even in small ways such as a blog, a newsletter or a talk to colleagues. Friendships benefit from attention, and saying yes to gatherings, classes and new circles can open unexpected conversations. Habits that keep you expressive, like a morning page, a weekly sketch or a regular call with a friend, tend to repay the effort.

The shadow of a 3 year is scattering: starting many bright things and finishing few, or spending energy on surface sociability while avoiding what you really want to say. Words carry weight now, so careless remarks can travel further than intended. You might ask yourself what you have been holding back from expressing, and to whom. It is worth reflecting on which creative outlets leave you energised rather than drained, and which single project deserves to be carried through to completion.

In 2027 the cycle moves on to a personal year 4.

THE LONG VIEW

IV Your Pinnacles and Challenges

Numerology divides a life into four long chapters. Each **pinnacle** describes the general climate of a chapter; each **challenge** names a lesson that tends to recur during it. They come from your birth month, day and year, and the first chapter lasts until 36 minus your Life Path digit. You are 32 this year.

Pinnacles

AGES 0–29

11

A Season of Inspiration

A heightened version of the 2: a stretch where intuition, idealism and sensitivity run strong, and where sharing what you sense can matter to others.

AGES 30–38 ● NOW

8

A Season of Effort

A stretch that emphasises ambition, capability and handling responsibility well, and invites you to use influence and resources with fairness and good sense.

AGES 39–47

1

A Season of Standing Alone

A stretch that asks you to rely on your own judgement, take the first step and become more comfortable leading, even when nobody has gone ahead of you.

AGES 48 ONWARDS

4

A Season of Building

A stretch for steady effort, routines and foundations: the patient, sometimes unglamorous work that turns intentions into something solid you can stand on.

Challenges

AGES 0–29

5

Freedom With Focus

Learning to welcome change and variety without running from commitment, and to choose freedom rather than just escape.

AGES 30–38 ● NOW

2

Steady Sensitivity

Learning to feel deeply without being thrown by every comment, and to value your own needs alongside other people's.

AGES 39–47

3

Saying It Out Loud

Learning to express yourself freely, without scattering your energy or hiding behind a joke when things matter.

AGES 48 ONWARDS

3

Saying It Out Loud

The same theme as ages 39–47 returns, now met with more experience.

Ages are approximate: the chapters turn around your birthday in the years shown. Like everything here, they describe themes to reflect on, not events.

BRINGING IT TOGETHER

V All Your Numbers

NUMBER		THEME	COMES FROM
Life Path	7	*The Seeker* reflection and depth	your full date of birth
Expression	6	*The Nurturer* care and responsibility	every letter of your full name at birth
Soul Urge	9	*A Heart for the Wider World* compassion and completion	the vowels of your full name at birth
Personality	6	*The Warm First Impression* care and responsibility	the consonants of your full name at birth
Birthday	21	*The Social Creative* expression and joy	the day you were born
Maturity	4	*The Steady Builder* structure and steadiness	Life Path + Expression
Personal Year 2026	3	*A Year of Expression* expression and joy	birth day + month + this year
Pinnacle 2 (now)	8	*A Season of Effort* ambition and mastery	ages 30–38

Put together, your numbers sketch a person whose road is about reflection and depth, who brings care and responsibility to everything they do, and who, underneath, is moved by compassion and completion. To people meeting you for the first time you tend to come across through your Personality 6, a face of care and responsibility, while your birthday on the 21st adds a specific gift of expression and joy.

None of these numbers decides anything. What they offer is language: a way to name strengths you may take for granted and patterns you may want to soften. In 2026 you are in a personal year 3, a year of expression, which is a good frame for trying one small change rather than a dozen. A question to carry with you: which of your numbers do you already live fully, and which one are you still growing into?

ABOUT THIS REPORT

How Numbers of You Works

The conventions used

Numerologists do not all count the same way, so here is exactly how your numbers were found. Letters use the Pythagorean table (A=1 to I=9, J=1 to R=9, S=1 to Z=8). Accents are removed; ß counts as ss, æ as ae, ø as o, and the Dutch ij as i plus j. Apostrophes are ignored, and spaces and hyphens separate name parts.

For the name numbers, each name part is reduced on its own, then the parts are added and reduced again. Vowels are A, E, I, O and U; Y counts as a vowel only when it is not next to one of those, which approximates whether it carries the vowel sound of its syllable. The Life Path reduces month, day and year separately before adding them. Master numbers 11, 22 and 33 are kept in the core numbers, the Maturity number and the pinnacles; the personal year keeps 11 and 22. Your personal year uses the calendar year in which this report was made (2026).

What this report is, and is not

Your numbers are calculated exactly, but what they mean is interpretation drawn from a long symbolic tradition. Read the descriptions as prompts for reflection: some will fit closely, some will not, and both are useful to notice. Nothing in these pages predicts events, and your choices count for far more than any number.

Your name at birth was used because that is the traditional starting point. Many people also like to work out the numbers of the name they use today and compare the two.

HOUR *of* BIRTH

Numerology is offered here as a tool for self-reflection and entertainment. It is not a science, it does not predict the future, and it is not a substitute for professional advice of any kind, including medical, psychological, financial or legal advice. Hour of Birth.